



**CÔTE d'AZUR**  
FRANCE

SPORTS TOURISM

# Sublime

## My active holidays

# Calendar

Explore our selection of stays and camps geared towards the Côte d'Azur's sports highlights and events

PARIS-NICE  
CYCLING STAY  
16 AND 17 MARCH 2019

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ROLEX MONTE CARLO  
MASTERS  
13 AU 21 APRIL 2019

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CHULLANKA LADIES  
GRANFONDO  
LA GAUDE-VALBERG  
5 MAY 2019

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TRANSV - TRANSVÉSUBIENNE  
18 AND 19 MAY 2019

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TRIGAMES DE MANDELIEU  
18 AND 19 MAY 2019

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FIFA WOMEN'S  
WORLD CUP  
7 JUNE TO 7 JULY 2019

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ULTRA-TRAIL®  
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WORLD FREEDIVING  
CHAMPIONSHIPS  
2 TO 15 SEPTEMBER 2019

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70.3 IRONMAN NICE  
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3 NOVEMBER 2019

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# Welcome

## David LISNARD

Chairman of the Regional  
Tourism Committee  
CÔTE d'AZUR FRANCE

The CÔTE d'AZUR offers a **wealth of outdoor sports opportunities** by the **sea**, in the **mountains** and in **our towns and cities**.

In 2019, CÔTE d'AZUR FRANCE will be the proud host of **around 60 different international events throughout the year, including world championships** and **legendary events** for competitors and spectators alike, thus providing an opportunity to enjoy active holidays under the sun all year round.

Our region is aiming to create a series of **Green Deal**-certified events in a demonstration of the Département des Alpes-Maritimes and its chairman Charles-Ange Ginésy's commitment to the environment. This is particularly well illustrated by the **World Freediving Championships** scheduled for September in Villefranche-sur-Mer Bay and sponsored by Guillaume Néry.

2019 will also see **extreme events** that combine the magic of the sea and the peaks of the Mercantour, such as the Cairoman Ultra

Triathlon, the French DH mountain-biking cup in Valberg and the IRONMAN 70.3 World Championship.

Football fans will be delighted to hear that Nice will also be hosting a handful of the FIFA Women's World Cup matches, too.

When it comes to **leisure sports**, visitors can enjoy over 50 different activities on the Côte d'Azur, at sites with all the facilities you need to get the most out of the experience. The Cannes coast has succeeded in reasserting its status as an outdoor sports capital, our 15 ski resorts are expanding their summertime services and the Pass Côte d'Azur's 20 golf courses are revelling in the knock-on effects of the Ryder Cup.

Spectators are spoiled for choice here, too: The Monaco Grand Prix **Formula One** and the matches and events at the **Allianz Riviera stadium, the Mediterranean** and its spectacular regattas, including the stunning **Cannes Royal Regattas**, and the **winding roads** of the Côte d'Azur which serve as a backdrop for some of the world's most iconic **running and cycling races**.

Make the most of this unique natural setting, its untouched countryside and its state-of-the-art facilities to have fun, test your limits, share special moments and enjoy your stay! Sport reigns supreme on the CÔTE d'AZUR.

Welcome!

# The Côte d'Azur's top at Portraits and



## STÉPHANE DIAGANA

European and world 4 x 400 metre relay champion.

The 400 metres hurdles champion has lived in Vence for a few years now.

In 1997, Stéphane Diagana was France's first male athlete to be awarded a world champion title.

### **His favourite spot in the inland region:**

*"I like the inland region and mountains. There are less people than on the coast, where the crowds tend to swell.*

*My treat to myself is a bike ride, stopping off in a village for coffee before slowly making my way back home. I also enjoy walking on the Cheiron, just above Coursegoules."*



## YVES CORDIER

European triathlon champion.

**His favourite spot:** As an IRONMAN France Nice organiser, I'm proud to have created a cycling route in an exceptional setting, which around 2,500 athletes follow every summer during the race.

Athletes, both professional and amateur, come here for the quality of the cycling route and the idyllic backdrop.

*"One thing is for sure: you never get bored on these beautiful roads, and I would urge all cycling fans to come and explore them for themselves. You won't be disappointed!"*

# hletes and ambassadors: favourite spots



## PATRICK MOURATOGLOU

Chairman/Founder of the Mouratoglou Tennis Academy.  
Coach to Serena Williams.  
TV consultant.

*"The Côte d'Azur is a unique place. The sea, mountains, history, exceptional climate and welcoming people, with the latter innately less stressed than city people further north. I love seeing all these people out and about cycling and jogging, all around Sophia on their lunch break or after work. There's an energy here that's addictive!"*



## GUILLAUME NÉRY

Guillaume Néry is a French freediving champion and deep-sea specialist. With multiple records under his belt, this double world champion recently made the news by accidentally achieving the deepest dive in history: 139 metres.

*"Over and above the coast, the entire département is dear to my heart. As a teenager, I would go walking in the inland region with my parents. At 14, I first experienced freediving off the Promenade des Anglais! That feeling of drifting away from the shore and diving in, mere feet away from civilisation, was adventure enough to start with", he explains.*

# News



## Individual World Apnea Championships

**This year, freediving will be in the spotlight in Villefranche-sur-Mer from 2 to 15 September 2019.**

Hosted by the *Association Internationale pour le Développement de l'Apnée*, the Individual World Apnea Championships 2019 will be drawing in around 140 competitors from 40 countries in Villefranche-sur-Mer's harbour.

This world championship will focus on sea diving in three categories: Constant weight apnea without fins (descent with breaststroke), constant weight apnea with fins (descent with fins) and free immersion apnea (descent via rope).

Viewers will be able to follow the free divers' exploits online in real time online, with Guillaume Néry back in the competition.

**Website: [www.aida-wc2019.com](http://www.aida-wc2019.com)**



## A new extreme triathlon: the Cairoman

Taking its name from the Cairoman of Mercantour legend, **this unique race follows a unique structure:** A 3 km swim, a 183 km bike ride with 6,780 m positive gradient and 32 km of trail running with 2,720 m positive gradient!

**The inaugural edition is due to take place on 7 September 2019.**

This extreme triathlon starts on the beach at Théoule-sur-Mer in one of the world's most beautiful bays, and ends in the Mercantour peaks in Saint-Martin-Vésubie.

An exceptional challenge in a dream setting!

**Website: [www.cairomanxtri.com](http://www.cairomanxtri.com)**



## The Women's World Cup

In 2019, France has the privilege of hosting the 8th edition of the Women's World Cup!

From 7 June to 7 July, the Allianz Riviera stadium in Nice will be hosting six matches, including the third-place match!

**Website:** [www.fifa.com/womensworldcup](http://www.fifa.com/womensworldcup)



# Sports calendar events o

**THE CÔTE D'AZUR RACECOURSE  
WINTER MEETING  
CAGNES-SUR-MER**  
UNTIL 15 MARCH  
[www.cagnes-tourisme.com](http://www.cagnes-tourisme.com)



**PROM' CLASSIC - NICE**  
6 JANUARY  
[www.promclassic.com](http://www.promclassic.com)



**ANDROS ISOLA 2000  
TROPHY**  
11 AND 12 JANUARY  
[www.tropheeandros.com](http://www.tropheeandros.com)



**URBAN TRAIL  
CANNES**  
13 JANUARY  
[www.cannesurbantrail.com](http://www.cannesurbantrail.com)



**THE MONTE CARLO RALLY  
MONACO**  
22 TO 27 JANUARY  
[www.acm.mc](http://www.acm.mc)



**SNOW TRAIL IN CASTÉRINO**  
26 JANUARY  
[www.trail06.com](http://www.trail06.com)



**THE RALLYE MONTE-CARLO  
HISTORIQUE - MONACO**  
30 JANUARY TO 6 FEBRUARY  
[www.acm.mc](http://www.acm.mc)



**THE TOUR DU HAUT-VAR  
STARTING IN VENCE**  
22 AND 24 FEBRUARY  
[www.departement06.fr](http://www.departement06.fr)



**SEMI-MARATHON  
CANNES**  
3 MARCH  
[www.semi-cannes.com](http://www.semi-cannes.com)



**PARIS-NICE  
NICE**  
10 TO 17 MARCH  
[www.paris-nice.fr](http://www.paris-nice.fr)



**SWIM RUN SAINT-RAPHAËL  
AGATHOS  
SAINT-RAPHAËL**  
16 MARCH  
[www.swimrun.esterel-cotedazur.com](http://www.swimrun.esterel-cotedazur.com)



**FRENCH DOWNHILL SKIING  
CHAMPIONSHIPS  
AURON ISOLA 2000**  
18 TO 28 MARCH  
[www.auron.com](http://www.auron.com)



**CHALLENGE VTT 06  
DÉPARTEMENT  
ALPES-MARITIMES**  
23 MARCH TO 15 SEPTEMBER  
[www.departement06.fr](http://www.departement06.fr)



**GULF OF SAINT TROPEZ  
INTERNATIONAL MARATHON**  
31 MARCH  
[www.marathondugolfedesainttropez.com](http://www.marathondugolfedesainttropez.com)



**GRANFONDO NICE CÔTE D'AZUR  
NICE - MATIN  
NICE**  
31 MARCH  
[www.granfondo-alpesmaritimes.com](http://www.granfondo-alpesmaritimes.com)



**TERRE BLANCHE LADIES OPEN 2019 -  
LADIES' PROFESSIONAL  
EUROPEAN COMPETITION  
TERRE BLANCHE**  
5 AND 7 APRIL  
[www.terre-blanche.com](http://www.terre-blanche.com)



**ONE & 1  
TOURRETTES-SUR-LOUP -  
GOURDON**  
6 AND 7 APRIL  
[www.one-and-1.com](http://www.one-and-1.com)



**ROLEX MONTE-CARLO MASTERS  
MONACO**  
13 TO 21 APRIL  
[www.montecarlotennismasters.com](http://www.montecarlotennismasters.com)



**GRANFONDO  
LA FALICONNAISE  
NICE'S HILLS**  
14 APRIL  
[www.granfondo-alpesmaritimes.com](http://www.granfondo-alpesmaritimes.com)



**CANNES INTERNATIONAL  
TRIATHLON  
CANNES**  
21 APRIL  
[www.cannes-international-triathlon.com](http://www.cannes-international-triathlon.com)



**AZUR PADDLE DAYS  
EUROPEAN CUP  
VILLEFRANCHE-SUR-MER**  
4 AND 5 MAY  
[www.villefranchepaddlerace.com](http://www.villefranchepaddlerace.com)



**GOUNOUILHOU TROPHY**  
27 APRIL TO 1 MAY  
[www.terre-blanche.com](http://www.terre-blanche.com)



**NICE RUNNING DAYS  
& SEMI-MARATHON  
NICE**  
5 MAY  
[www.nicerunningday.com](http://www.nicerunningday.com)



**CHULLANKA LADIES  
GRANFONDO  
LA GAUDE-VALBERG**  
5 MAY



**GRANFONDO  
LA VENÇOISE  
VENCE**  
12 MAY  
[www.granfondo-alpesmaritimes.com](http://www.granfondo-alpesmaritimes.com)



**SWIM GAMES MANDELIEU  
MANDELIEU**  
18 MAY  
[www.trigames.fr](http://www.trigames.fr)



**TRANSVÉSUBIENNE  
LA COLMIANE-NICE**  
18 AND 19 MAY  
[www.ucc-sportevent.com](http://www.ucc-sportevent.com)



**LA RONDE DES PLAGES  
MENTON**  
19 MAY  
[www.ronde-des-plages.com](http://www.ronde-des-plages.com)



**TRI GAMES MANDELIEU  
MANDELIEU**  
19 MAY  
[www.trigames.fr](http://www.trigames.fr)



**MONACO GRAND PRIX  
MONACO**  
23 TO 26 MAY  
[www.monaco-grand-prix.com](http://www.monaco-grand-prix.com)



# n the Côte d'Azur for 2019

**CANNES INTERNATIONAL  
SHOW-JUMPI  
CANNES**

**1 AND 2 JUNE**  
[www.jumpingcannes.com](http://www.jumpingcannes.com)



**LES VOILES D'ANTIBES  
ANTIBES**

**5 TO 9 JUNE**  
[www.voilesdantibes.com](http://www.voilesdantibes.com)



**THE WOMEN'S  
WORLD CUP  
NICE ALLIANZ STADIUM**

**7 JUNE TO 7 JULY**  
<https://fr.fifa.com/womensworldcup>



**GRAVEL TROPHY  
VALBERG- VENCE-VALBERG**

**8 AND 9 JUNE**  
[www.graveltrophy.com](http://www.graveltrophy.com)



**ULTRA TRAIL  
DU MERCANTOUR  
SAINT-MARTIN-VÉSUBIE**

**14 TO 16 JUNE**  
[www.utcam06.com](http://www.utcam06.com)



**TRI GAMES  
CAGNES-SUR-MER  
CAGNES-SUR-MER**

**15 AND 16 JUNE**  
[www.trigames.fr/cagnes-mer](http://www.trigames.fr/cagnes-mer)



**LA MERCAN'TOUR BONNETTE -  
DT SWISS  
GUILLAUMES-VALBERG**

**16 JUNE**  
[www.granfondo-alpesmaritimes.com](http://www.granfondo-alpesmaritimes.com)



**GRAND PRIX DE FRANCE  
LE CASTELLET**

**20 TO 23 JUNE**  
[www.gpfrance.com](http://www.gpfrance.com)



**COUPE DE FRANCE  
DE DESCENTE VTT  
VALBERG**

**22 AND 23 JUNE**  
[www.departement06.fr](http://www.departement06.fr)



**MONTE-CARLO INTERNATIONAL  
SHOW JUMPING  
MONACO**

**27 TO 29 JUNE**  
[www.monte-carlo.mc](http://www.monte-carlo.mc)



**COUPE DE FRANCE DE VTT  
CROSS COUNTRY  
LEVENS**

**28 TO 30 JUNE**  
[www.departement06.fr](http://www.departement06.fr)



**IRONMAN NICE  
NICE**

**30 JUNE**  
[www.ironman.com](http://www.ironman.com)



**LA FAUSTO COPI  
(OUTSIDE  
THE DÉPARTEMENT)  
CUNEO**

**30 JUNE**  
[www.granfondo-alpesmaritimes.com](http://www.granfondo-alpesmaritimes.com)



**VILLAGE TRAIL  
LA COLLE-SUR-LOUP**

**18 JULY**  
[www.village traillacollesurloup.com](http://www.village traillacollesurloup.com)



**LA MERCAN'TOUR TURINI  
SAINT-MARTIN-VÉSUBIE**

**25 AUGUST**  
[www.granfondo-alpesmaritimes.com](http://www.granfondo-alpesmaritimes.com)



**LA HAUTE ROUTE  
MEGEVE-NICE**

**FROM 25 TO 31 AUGUST**  
[www.hauteroute.org](http://www.hauteroute.org)



**FREEDIVING OUTDOOR  
WORLD CHAMPIONSHIP  
VILLEFRANCHE-SUR-MER**

**2 TO 15 SEPTEMBER**  
[www.aida-wc2019.com](http://www.aida-wc2019.com)



**70.3 IRONMAN NICE  
WORLD CHAMPIONSHIPS  
NICE**

**7 SEPTEMBER**  
[www.ironman.com](http://www.ironman.com)



**CAÏROMAN  
THÉOULE-SUR-MER -  
SAINT-MARTIN-VÉSUBIE**

**7 SEPTEMBER**  
[www.cairomanxtri.com](http://www.cairomanxtri.com)



**MONACO CLASSIC WEEK  
MONACO**

**11 TO 15 SEPTEMBER**  
[www.monte-carlo.mc](http://www.monte-carlo.mc)



**LA MERCAN'TOUR  
MADONE PEILLE  
PEILLE**

**22 SEPTEMBER**  
[www.granfondo-alpesmaritimes.com](http://www.granfondo-alpesmaritimes.com)



**CANNES ROYAL REGATTAS  
CANNES**

**22 TO 29 SEPTEMBER**  
[www.regatesroyales.com](http://www.regatesroyales.com)



**TERRE BLANCHE CLASSIC AMATEUR  
TERRE BLANCHE**

**28 AND 29 SEPTEMBER**  
[www.terre-blanche.com](http://www.terre-blanche.com)



**TRANSWEST  
PRÉALPES-  
THÉOULE-SUR-MER BEACH**

**6 OCTOBER**  
[www.ucc-sportevent.com](http://www.ucc-sportevent.com)



**ROC D'AZUR  
FRÉJUS**

**9 TO 13 OCTOBER**  
[www.rocazur.com](http://www.rocazur.com)



**ÔTILLÒ CANNES SWIMRUN  
CANNES**

**19 AND 20 OCTOBER**  
[www.otilloswimrun.com](http://www.otilloswimrun.com)



**SWIMRUN BEAULIEU  
BEAULIEU**

**27 OCTOBER**  
[www.swimruncotedazur.fr](http://www.swimruncotedazur.fr)



**MARATHON DES ALPES-MARITIMES  
NICE-CANNES**

**3 NOVEMBER**  
[www.marathon06.com](http://www.marathon06.com)



# CHALLENGE GRANFONDO

3<sup>E</sup> ÉDITION

## ALPES-MARITIMES

31/03 | NICE

GRANFONDO NICE CÔTE D'AZUR - NICE MATIN

14/04 | FALICON

LA FALICONAISE-COLLINES NIÇOISES

05/05 | LA GAUDE-GUILLAUMES-VALBERG

CHULLANHA LADIES GRANFONDO

12/05 | VENCO

GRANFONDO LA VENCOISE

16/06 | GUILLAUMES-VALBERG

MERCAN'TOUR BONETTE DT SWISS

30/06 | CUNE

LA FAUSTO COPPI OFFICINE MATTIO

25/08 | SAINT-MARTIN-VÉSUBIE

LA MERCAN'TOUR TURINI OFFICINE MATTIO

22/09 | PELLE

LA MERCAN'TOUR MADONE PELLE

CÔTE D'AZUR  
TRAVERSÉE



DÉPARTEMENT06  
CHALLENGEGFAM



@ALPESMARITIMES



DÉPARTEMENT06  
CHALLENGE\_GFAM

RÈGLEMENT ET INFORMATIONS : [WWW.DEPARTEMENT06.FR](http://WWW.DEPARTEMENT06.FR)  
ET SUR [WWW.GRANFONDO-ALPESMARITIMES.COM](http://WWW.GRANFONDO-ALPESMARITIMES.COM)



GRUPE  
nice-matin

#ALPESMARITIMES  
TERRE DE SPORTS ET D'AVENTURES

# March 2019

## CÔTE D'AZUR FRANCE, LAND OF CYCLING

### THE GRAND TOUR DU MERCANTOUR

#### Training for the Challenge Granfondo!

Designed especially for fans of dizzying mountain passes, this exceptional route leads visitors through a whirlwind of landscapes, from the surreal vistas of Europe's highest road and the Col de la Bonette pass, to the Mediterranean Turini forests just 40 km away from the sea... A total of over 9,000 metres of gradient across the route's five iconic stages!

**Length of stay: 5 days.**

**Availability: continuous, please contact us.**

**Stay with assistance car: from €645 per person.**

#### The price of this stay includes:

- Full-board:
  - Lunches: cold picnics to take away or snacks.
  - Morning and night: at the gîte: hearty, warm, well-balanced dinner and full breakfast.
- Bookings in the gîtes for the various stages.
- Assistance car with driver to transport bags, available for cyclists in the event of any problems/issues.
- A 'road booklet' with details of the itinerary.
- GPS tracking along the itinerary.

### Vélorizons

**Tel.: +33 (0)4 58 14 04 25**

Email: [info@velorizons.com](mailto:info@velorizons.com) - Contact: Julien Pons

**Website: [www.veloporizons.com](http://www.veloporizons.com)**

### PARIS-NICE CYCLING STAY

Stay at the finishing line for the legendary Paris-Nice cycling race.

**Nice stages: 16 and 17 March.**

**16 March: Col de Turini - La Bollène-Vésubie.**

**17 March: Nice-Nice.**

Enjoy our best rates a stone's throw away from the Promenade des Anglais. Combine sport and pleasure in our boutique hotel in the heart of Nice, right on the doorstep to the Promenade des Anglais. Special Paris-Nice race rates available to view on our website.

**Length of stay: from one night.**

**Starting at €99 per person.**

#### The price of this stay includes:

- One night in a Superior Room, excluding tourism taxes.

### La Malmaison Nice 4-star boutique hotel

**Tel.: +33 (0)4 93 87 62 56**

Email: [contact@lamalmaisonnice.com](mailto:contact@lamalmaisonnice.com)

Contact: Sanna Gehrke

**Website: [www.lamalmaisonnice.com](http://www.lamalmaisonnice.com)**

# April 2019

**ROLEX MONTE CARLO MASTERS** ▶ 13 TO 21 APRIL



# April 2019

## CÔTE D'AZUR FRANCE, LAND OF TENNIS

**Spend your holidays or a day in Monte Carlo  
to see the world's best tennis players go head to head  
in a Master 1000 tournament,  
one of the world's greatest tennis highlights!**

### STAY WITH THE SOCIÉTÉ DES BAINS DE MER DE MONTE CARLO

#### At the Monte Carlo Beach

Every April, Monaco is transformed into a temple to tennis for nine full days. Come and experience the magic for yourself!

#### From €450 per night for two guests, including:

- One night's accommodation, breakfast included.
- Two tickets for the Rainier III court in Prestige seats.
- Two entries to the tournament's VIP village.

Your room card key gives you access to a host of benefits and can be used as a VIP pass within the Resort (this includes free admission to the Monte Carlo Casino and all transfers within the Resort).

#### Société des Bains de Mer

Tel.: +377 98 06 41 64

Email: resort@sbm.mc

Website: [www.montecarlosbm.com](http://www.montecarlosbm.com)

### ROLEX MONTE CARLO MASTERS

#### Silver Elegance Package

#### Starting at €260 per person, including:

- Gourmet lunch by Lenôtre's catering team.
- An aperitif and three-course menu.
- Afternoon break (add-on fee): alcoholic beverages, soft drinks and sweet treats.
- First category seat at the Rainier III court (J, K or S).
- Access to the outside courts (excluding the Court des Princes).
- A Rolex Monte-Carlo Masters-branded gift.
- Access to the VIP village.
- A glass of champagne.
- One tournament magazine per guest.
- Access to the tournament's daily news.
- Your very own reception - Entrance n°2.
- Parking space upon request.
- 10% off the boutique's products.

Other day rates available.

#### Rolex Monte Carlo Masters

Tel.: +377 97 98 70 00

Email: [tvallee@smett.mc](mailto:tvallee@smett.mc)

Contact: Teddy Vallée

# May/June 2019

## CÔTE D'AZUR FRANCE, LAND OF CYCLING

### THE TWISTS AND TURNS OF THE HIGH ALPS

Mere minutes away from Italy and home to the finishing line for the Route des Grandes Alpes, Menton is the perfect starting point for accessing the Routes des Classiques at the start of the season.

The mountains here are a dense maze of winding roads and contrasting backdrops, leading up to iconic mountain passes such as the Col d'Èze, the Madone and the Turini.

Crossing over to Italy, the magnificent Poggio di Sanremo and coastal road are simply spell-binding.



**8-day, 7-night stay. Stay availability:  
27 April to 4 May and 25 May to 1 June.**

**The price of this stay includes:**

- Full-board accommodation in our three-star Hotel Club.
- Stays managed by State-certified sports instructors.
- Cycling trips led by experienced leaders.
- Assistance car.
- Groups structured by level.
- Bike hire.

**Starting at €565 per person in a double room.  
Club rate: €540.**

**Stay highlights:**

- Electric-assistance bikes welcome.
- Hotel located in the heart of Menton in a gorgeous orange grove.

**Stages du Soleil**

**Tel.: +33 (0)4 93 87 24 64**

Email: [contact@stagesdusoleil.org](mailto:contact@stagesdusoleil.org)

Contact: Florence Lucas

**Website: [www.stagesdusoleil.org](http://www.stagesdusoleil.org)**



# May/June 2019

## CÔTE D'AZUR FRANCE, LAND OF CYCLING

### CÔTE D'AZUR TRAINING STAYS - ROAD CYCLING

#### Les Issambres or the village of Roquebrune-sur-Argens (Var).

These intense, focussed road cycling stays whip you into shape and give you the opportunity to share your passion with other cyclists while soaking up some sunshine. From the coastal roads, taking in the Saint Tropez gulf and the Esterel, to the Verdon gorges, a remarkable patchwork of landscapes and itineraries awaits for bike lovers. Our stays are open to all. Electric-assistance bikes welcome.

#### 8-day, 7-night stays:

#### Offer availability and dates:

- Four stays at Les Issambres between 9 February and 9 March.
- 10 stays in Roquebrune-sur-Argens village from 9 March to 11 May.

Other dates available upon request.

#### The price of this stay includes:

- Full-board accommodation in three-star Hotel Clubs in Les Issambres or the village.
- Stays managed by State-certified sports instructors.
- Cycling trips led by experienced leaders.
- Assistance cars.
- Evening talks, conferences and presentations.
- Accident/repatriation insurance.
- Massages available.
- Bike hire.

**Starting at €409 per person in a double room.**  
**Club rate: €389.**

#### Stay highlights:

- Activities and day trips for participants' guests, no extra fee.

#### Stages du Soleil

Tel.: +33 (0)4 93 87 24 64

Email: [contact@stagesdusoleil.org](mailto:contact@stagesdusoleil.org)

Contact: Florence Lucas

Website: [www.stagesdusoleil.org](http://www.stagesdusoleil.org)

# May 2019

## CHULLANKA LADIES GRANFONDO ► 5 MAY



### CHULLANKA LADIES GRANFONDO

**A unique event just for women.**

A challenge that links La Gaude to Guillaumes or Valberg, whichever you prefer.

Views that stretch from the Mediterranean to the Mercantour peaks via the Parc des Préalpes d'Azur and the gorgeous red gorges of Daluis: an unforgettable day awaits.

**Length of stay: 2 days/1 night.**

**Stay availability: 5 to 6 May 2019.**

**When booking with the reservations office, please quote "Ladies 19".**

**Starting at €64 per person.**

**The price of this stay includes:**

Race registration, meal after the race, souvenir gift and one night's accommodation in an apartment in Valberg on 5 May.

#### Valberg bookings office

Tel.: +33 (0)4 93 23 24 25

(Direct link to stay booking page on your website) -

Bookings: +33 (0)4 93 23 24 32

Email: [resa@valberg.com](mailto:resa@valberg.com)

Website: [www.valberg.com](http://www.valberg.com)

### THE PRÉALPES D'AZUR

Nice's inland region is an intricate web of winding roads overlooking the famous 'clues' (gorges) for which the Pré Alpes d'Azur are known.

The mountainside roads here are a joy to experience, and meander down through gorges and valleys from the Grasse region to the Haute Vallée du Var.

Heading higher up and further north through the Vesubie valleys and the Cians gorges gives visitors the chance to soak up the authentic atmosphere of the French Alps' iconic roads.

**Length of stay: Three or four days.**

**Availability: continuous, please contact us.**

**Starting at €275 per person.**

**The price of this stay includes:**

- Half-board in a gîte: hearty, warm, well-balanced dinner and full breakfast.
- Luggage transfer on Day 1 and Day 2.
- A 'road booklet' with details of the itinerary.

#### Vélorizons

Tel.: +33 (0)4 58 14 04 25

Email: [info@velorizons.com](mailto:info@velorizons.com)

Contact: Julien Pons

Website: [www.veloporizons.com](http://www.veloporizons.com)

# May 2019

VTT TRANSVÉSUBIENNE ► 18 AND 19 MAY



### TRANSVÉSUBIENNE 2019 RECCE WEEKEND

One does not simply show up to a Transvésubienne! To have fun and complete the race, you'll need to train hard, but you'll also need to get to grips with the route: and to do so, specialist help can prove invaluable. Greg Germain (a multiple-finisher who knows the race like the back of his hand) brings you this recce weekend in partnership with the event's organisers.

The line-up includes: Two days of biking and road tips for the upcoming Transv race!

**Length of stay: 2 days/1 night.**

**Starting at €130 per person.**

**The price of this stay includes:**

- As many routes as you can handle.
- Led by Greg Germain, a State-certified mountain-biking guide who has been working in the Alpes-Maritimes for over a decade.
- Exclusive recce of the Transvésubienne 2019 race.
- A smorgasbord of tips and tricks to prepare for the race in the very best conditions (technical, tactical and pacing advice, choosing your equipment and gear, nutrition, etc.).
- Photos.
- Accommodation and meals depending on your package.

### 1001sentiers

Tel.: +33 603 827 857

Email: [contact@1001sentiers.fr](mailto:contact@1001sentiers.fr) - Contact: Greg Germain

Website: [www.1001sentiers.fr/riding](http://www.1001sentiers.fr/riding)

### MOUNTAIN-BIKING ENDURANCE STAY

**The most gorgeous downhill stretches in the Alpes-Maritimes.**

The Alpes-Maritimes and the Roya valley are paradise on Earth for endurance mountain-biking and all-mountain fans. Tricky single tracks plunge down from the Mercantour peaks, gentler descents take you through the undergrowth and winding routes lead down to the sea. Fun mountain-biking at its best with a shuttle service to cut back on uphill stretches and leave you with more time to enjoy the dream descents.

**Length of stay: 2 days/2 nights.**

**Starting at €290 per person.**

**The price of this stay includes:**

- A mountain-biking trail with incredible downhill slopes, including a mini-bus shuttle service to spend less time getting up and more time going down! The Alpes-Maritimes *département* and the Roya valley in particular are home to an endless maze of routes that are perfect for endurance mountain-biking and free-riding. A huge choice of free-style or technical trails suitable for mountain-biking. Each day includes 2,000 to 3,000 metres of negative gradient.
- Day 1: Mountain-biking border circuit.
  - Day 2: Mountain-biking in the peaks.
  - Day 3: Mountain-biking on downhill single tracks.

**Stay highlights:**

- Huge range of trails and landscapes.
- Themed technical workshops (hairpin bends, clearing steps, etc.).

### Roya Évasion

Tel.: +33 (0)4 93 04 91 46

Email: [info@royaevasion.com](mailto:info@royaevasion.com)

Website: [www.royaevasion.com](http://www.royaevasion.com)

# May 2019

TRIGAMES DE MANDELIEU ► 18 AND 19 MAY



# May 2019

## CÔTE D'AZUR FRANCE, LAND OF TRIATHLONS

### TRIATHLON TRAINING CAMP

**Triathlon training camp led by Sport Consulting and Tri Training Saturday 4 to Saturday 11 May, including:**

- Training and tips from qualified coaches throughout the week.
- Access to all training sessions.
- Logistics during the training sessions: assistance car.
- Energy boost at the start of the camp and before each ride.
- Test equipment made available.
- Analysis and comments on your performance.
- Video analysis of your swimming and running technique.
- Three sea and pool swimming sessions.
- Five biking sessions with route recce.
- Four running sessions with technical trail work

**Technical instruction cost: €349 per person.**

### TRIATHLON STAY

**Stay with accommodation, including:**

- Arrival and departure transfers.
- Transfers to training sites.
- Eight nights in a three-star hotel on the Promenade des Anglais in Nice.
- Accommodation + breakfasts.
- On-site support throughout the stay.

**€835 per person in a single room based on a group of six.**

### La Toupie bleue

**Tel.: +33 (0)4 89 25 77 42**

Email: [bienvenue@latoupiebleue.com](mailto:bienvenue@latoupiebleue.com) - Contact: Rémi Collat

**Website: [www.latoupiebleue.com](http://www.latoupiebleue.com)**

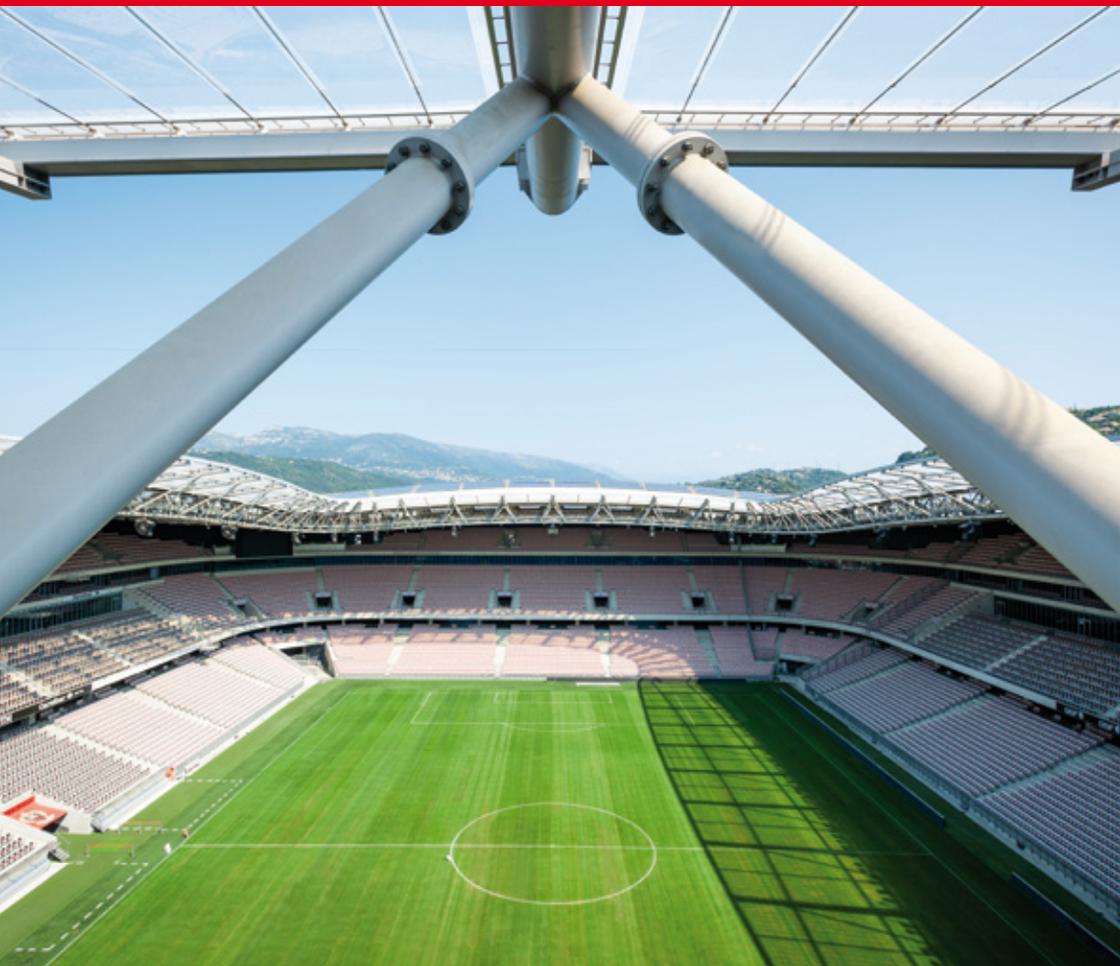
**For all technical questions concerning the stay, contact Sport Consulting**

**Tel.: +33 6 32 61 38 61 - Contact: Mickael Crouin**

**Website: [www.trigames.fr](http://www.trigames.fr)**

**June/July 2019**

**WOMEN'S WORLD CUP ▶ 9 JUNE TO 6 JULY**



# June/July 2019

## CÔTE D'AZUR FRANCE, LAND OF FOOTBALL

### WOMEN'S WORLD CUP

**Come and cheer on the women's football teams at the Allianz Riviera stadium!**

In 2019, France has the privilege of hosting the 8th edition of the FIFA Women's World Cup!

From 7 June to 7 July, 24 qualified teams will be competing for the world title. 52 matches are due to take place in nine cities, including Nice, where the third-place match will be held.

### MATCHES IN NICE:

Sunday 9 June, 6pm - Group D

**England - Scotland**

Wednesday 12 June, 9pm - Group A

**France - Norway**

Sunday 16 June, 3pm - Group F

**Sweden - Thailand**

Wednesday 19 June, 9pm - Group D

**Japan - England**

Saturday 22 June, 9pm

**Quarter finals**

Saturday 6 July, 5pm

**Third-place match**



# ULTRA-TRAIL®

CÔTE D'AZUR MERCANTOUR

DEPARTEMENT  
DES ALPES MARITIMES 06

14 | 15 | 16 JUIN 2019

**150 KM**

D+ 10 900 M

+ RELAIS A 4x2

**110 KM**

D+ 7 000 M

**40 KM**

D+ 3 000 M

**15 KM**

D+ 900 M

**KM VERTICAL**

D+ 1 160 M

© DESIGN ACT'PIMMAGES

[WWW.UTCAMO6.COM](http://WWW.UTCAMO6.COM)



EN PARTENARIAT AVEC :



# June 2019

## CÔTE D'AZUR FRANCE, LAND OF TRAIL RUNNING

### ULTRA TRAIL DU MERCANTOUR STAY

**Get a good night's sleep before the UTCAM06 2019!**

For the 2019 edition of the UTCAM06, the event's organisers are offering guests a full trail training package in partnership with La Toupie Bleue.

Get peace of mind, improve your performance, and enjoy!

**Stay availability: from 14 to 6 June.**

**Price per person:**

– €270 in a single room,

– €160 in a double room.

**The price of this stay includes:**

- Two-night package in a three-star hotel in Nice.
- Two breakfasts served from 5:30am.

**Tourism taxes not included in the price of the stay.**

### VAN ACCOMMODATION:

**Price per person:**

– €380 (single guest),

– €190 per person (couple).

**The price of this stay includes:**

- Mileage (800 km).
- Two drivers.
- Crockery provided.
- Insurance included.

**Tourism taxes not included in the price of the stay.**



**ADD-ONS (these are optional for you to add on as you see fit):**

- Cancellation, repatriation, assistance insurance.
- Three hotel buffet meals (lunches or dinners): €36 per person.
- Return shuttle service between Nice and the starting line + return journey after the race (€10 per person).
- Your number bib for the event:
  - The 150 km race, 14 June at 6pm: €122.50
  - 150 km two-person relay, 14 June at 6pm: €132.5
  - 150 km four-person relay, 14 June at 6pm: €163
  - The 110 km race, 14 June at 6pm: €82.50
  - The 40 km race, 16 June at 7:30am: €31.50
  - The 15 km race, 15 June at 6:30pm: €16
  - The vertical kilometre race, 16 June: €11.

**La Toupie Bleue**

**Tel.: +33 (0)4 89 25 77 42**

E-mail : [bienvenue@latoupiebleue.com](mailto:bienvenue@latoupiebleue.com)

Contact : Rémi Collat

**Site web : [www.latoupiebleue.com](http://www.latoupiebleue.com)**

# CHALLENGE TRAIL NATURE 06



## 12<sup>e</sup> ÉDITION 2019

TRAIL DES MERVEILLES  
3/03 / BREIL-SUR-ROYA

TRAIL DE VALBERG  
30/06 / VALBERG

TRAIL DES CANYONS DE L'ESTÉRON  
31/03 / SIGALE **NOUVEAUTÉ**

TRAIL DES SOMMETS DE CAUSSOLS  
21/07 / CAUSSOLS

ROQ'4 TRAIL  
28/04 / ROQUEFORT-LES-PINS **NOUVEAUTÉ**

LA VERTICALE HAUT VIAL  
4/08 / REVEST-LES-ROCHES  
EPREUVE BONUS, **NOUVEAUTÉ**

L'ESCARÉNOISE  
5/05 / L'ESCARÈNE

TRAIL DE L'ESCOUISSIER  
18/08 / SAINT-AUBAN

TRAIL DE PEILLON « CAMIN DEI CABRAS »  
9/06 / PEILLON **NOUVEAUTÉ**

TRAIL DES ALPES-MARITIMES  
15/09 / SOSPEL

ULTRA TRAIL® CÔTE D'AZUR MERCANTOUR  
LES 15 ET 16/06 / SAINT-MARTIN-VÉSUBIE

TRAIL ENDURANCE SHOP DE GORBIO  
6/10 / GORBIO

TRAIL DE LA RATAPIGNATA  
27/10 / FALICON **NOUVEAUTÉ**

CÔTE AZUR

#ALPESMARITIMES  
TERRE DE SPORTS ET DE NATURE



SPORTS06



@ALPESMARITIMES



Règlement et informations [www.trailen06.fr](http://www.trailen06.fr)

# CÔTE D'AZUR FRANCE, LAND OF TRAIL RUNNING

## TRAIL DU MERCANTOUR

**A magnificent route through untamed countryside for athletes with a love of the great outdoors and breathtaking views!**

The spell-binding, varied Trail des Merveilles winds its way through spectacular landscapes and sites of historic interest.

The balmy Mediterranean mountain climate and countryside make this itinerary through the heart of the Mercantour and the Vallée des Merveilles something special.

The Parc National du Mercantour is home to a wonderfully diverse range of flora (2,000 species) and fauna (ibex, chamois, mouflons, wolves, bearded vultures).

Its peaks tower over 3,000 high, and the hundreds of mountain lakes here lend the landscapes a majestic, epic feel.

The Vallée des Merveilles and its jaw-dropping cave engravings are steeped in legend, infusing the itinerary with a sense of mystical wonderment.

**Length of stay:**

**4 days/3 nights with four race days.**

**Stay availability: July to mid-September.**

**From: €275 per person.**

**The price of this stay includes:**

- Itinerant stay in mountain refuges and overnight gîtes. Half-board stay from dinner on Day 1 to breakfast on Day 4.
- We provide guests with a road book and copies of all necessary IGN cards as well as GPS tracking. Luggage is transported\* by assistance vehicles for the transfers outlined in the programme.
- Insurance for all passengers in the mini-bus.

**Allibert Trekking Côte d'Azur**

**Tel.: +33 (0)4 93 73 09 07**

Email: [cotedazur@allibert-trekking.com](mailto:cotedazur@allibert-trekking.com)

**Website: [www.allibert-trekking.com/voyage/mercantour-trail-provence](http://www.allibert-trekking.com/voyage/mercantour-trail-provence)**

\* depending on the chosen option.

# June 2019

NICE IRONMAN ▶ 30 JUNE



# June 2019

## CÔTE D'AZUR FRANCE, LAND OF TRIATHLONS

### NICE IRONMAN

**Preparation training camp and support on the big day.**

Get ready for 30 June and the legendary Nice Ironman! We organise training camps, route recce camps and coaching for you to get to grips with all the trickiest sections. We will also be on hand to assist and support you on the big day.

**Starting at €150 per person.**

**A la carte stays, please contact us.**

**The stay includes:**

**Highlights for competitors:**

- A custom-designed camp.
- Full recce of the route.
- Race strategy.
- Tailored physical training.
- Optimal assistance and logistics.
- Professional coaching and support.
- Optimal comfort.
- Peace of mind.
- Full assistance on the big day.

**Highlights for families:**

- Full assistance for competitors' guests.
- Sight-seeing.
- A range of different activities.
- Premium accommodation.
- Turnkey stay.
- Full assistance on the big day.

**The perfect choice for combining training and a holiday with the family.**

### CAIRN Expe

**Tel.: +33 (0)6 70 65 25 88**

Email: [contact@cairn-expe.com](mailto:contact@cairn-expe.com) - Contact: Cyril Lopez

**Website: [www.cairn-expe.com](http://www.cairn-expe.com)**

### IRONMAN STAY

#### LA MALMAISON

#### NICE BOUTIQUE HOTEL STAY

Enjoy a stay in a hotel right in the triathlon's starting blocks, a few metres away from the Promenade des Anglais.

**Stay from €190 for a Superior double room (excluding tourism taxes).**

- Two sports breakfasts included (breakfast time to be decided by each triathlete).
- Secure bike shed.
- Late check-out upon request.

#### La Malmaison Nice 4-star boutique hotel

**Tel.: +33 (0)4 93 87 62 56**

Email: [contact@lamalmaisonnice.com](mailto:contact@lamalmaisonnice.com)

Contact: Sanna Gehrke

**Website: [www.lamalmaisonnice.com](http://www.lamalmaisonnice.com)**

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**For all stays:**

**Contact: Nirvana Europe**

Email: [brendan@nirvanaeurope.com](mailto:brendan@nirvanaeurope.com)

**Website: [www.nirvanaeurope.com](http://www.nirvanaeurope.com)**

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**Race registration:**

**IRONMAN® France**

**Tel.: +33 (0)4 97 03 26 86**

Email: [nice@ironman.com](mailto:nice@ironman.com)

**Site web : [www.ironman.com](http://www.ironman.com)**

# July/August 2019

**CÔTE D'AZUR FRANCE, LAND OF MOUNTAIN-BIKING**



# July/August 2019

## CÔTE D'AZUR FRANCE, LAND OF MOUNTAIN-BIKING

### RIDING CAMP

100sentiers leads you deep into Nice's inland region for three days of riding, discovery, fun and exploring a host of unforgettable trails. A number of destinations are available to suit all preferences and seasons, all with the emphasis on quality hotels, wonderful locations and three days of pure mountain-biking!!

**Length of stay: 3 days/3nights.**

**Availability: April to November.**

**Starting at €590 per person.**

**The price of this stay includes:**

- As many trails and paths as you can handle over three days.
- Led by Greg Germain, a State-certified mountain-biking guide who has been working in the Alpes-Maritimes for over a decade.
- Shuttles, photos.
- Full-board for three days (hotel accommodation, meals).

### 100 % RIDE WEEKENDS

Throughout the year, 100sentiers treats biking fans to 100% ride weekends partially assisted by our shuttle service: perfect for plunging you deep into the heart of the Alpes-Maritimes' epic mountains, immersing you in the full experience of its spectacular routes and trails! To keep visitors inspired with an endless series of new routes, the weekends cover new spots, valleys and itineraries every time!

**Length of stay: 2 days/1 night.**

**Stay availability: January to November.**

**Starting at €140 per person.**

**The price of this stay includes:**

- As many routes as you can handle.
- Led by Greg Germain, a State-certified mountain-biking guide who has been working in the Alpes-Maritimes for over a decade.
- Shuttles, photos.
- Accommodation and meals depending on your package.

### ENDURANCE XXL TRIP

A compilation of our top picks and absolute favourites! Our favourite single tracks, our best-kept secrets, shuttles to make the most of each and every moment, insane negative gradients, historical anecdotes, local specialities for dinner, mountain-top hotels, epic landscapes and much, much more. Four days of endurance in the Val d'Allos, the Mercantour, and Alpes-Maritimes: the ultimate mountain-biking adventure!

**Length of stay: 4 days/3 nights.**

**Stay availability: May to November.**

**Starting at €790 per person.**

**The price of this stay includes:**

- Orgie de sentiers pendant 4 jours.
- As many trails and paths as you can handle over four days.
- Led by Greg Germain, a State-certified mountain-biking guide who has been working in the Alpes-Maritimes for over a decade.
- Shuttles, photos.
- Baggage transfers.
- Full-board for four days (hotel accommodation, meals).

**100sentiers**

**Tel.: +33 (0)6 03 827 857**

**Email: [contact@100sentiers.fr](mailto:contact@100sentiers.fr) - Contact: Greg Germain**

**Website: [www.100sentiers.fr/riding](http://www.100sentiers.fr/riding)**



# AIDA DEPTH WORLD CHAMPIONSHIP

2 AU 15 SEPTEMBRE

# 2019



ALPES MARITIMES - VILLEFRANCHE SUR MER | NICE | COTE D'AZUR FRANCE

#aidawc2019 | [www.aida-wc2019.com](http://www.aida-wc2019.com) | [contact@aida-wc2019.com](mailto:contact@aida-wc2019.com)



# September 2019

## CÔTE D'AZUR FRANCE, LAND OF DIVING

**From 2 to 15 September, come and spend a day  
in Villefranche-sur-Mer for the world free-diving championships  
and get to grips with the sport...**

### **OUTDOOR WORLD FREEDIVING CHAMPIONSHIPS IN VILLEFRANCHE-SUR-MER**

For the fifth year, the world's most beautiful harbour will be hosting athletes from around the world for the Individual World Apnea Championships, sponsored by renowned divers Alice Modolo and Guillaume Néry! Around 140 competitors from 40 countries are expected to attend the 2019 edition.

The event will feature three categories:

- Constant weight without fins.
- Constant weight with fins.
- Free immersion.

**Head over to Villefranche-sur-Mer  
on 2 September 2019 for a breath-taking,  
world-renowned sports event unlike any other.**

More details at  
[www.aida-wc2019.com](http://www.aida-wc2019.com)

### **A BREATH-TAKING DAY YOU WON'T FORGET**

Choose two activities from the 12 on offer: snorkelling excursion, introduction to freediving, diving with weight belts as seen in *The Big Blue*, introduction to snorkelling, sail boat cruise, introduction to match racing on competition sail boats, latin-rig cruise, introduction to rowing, introduction to stand-up paddle-boarding, kayaking, Bantry Bay gigs, or fishing on a *pointu* boat.

**€150 per person.**

#### **The price of this stay includes:**

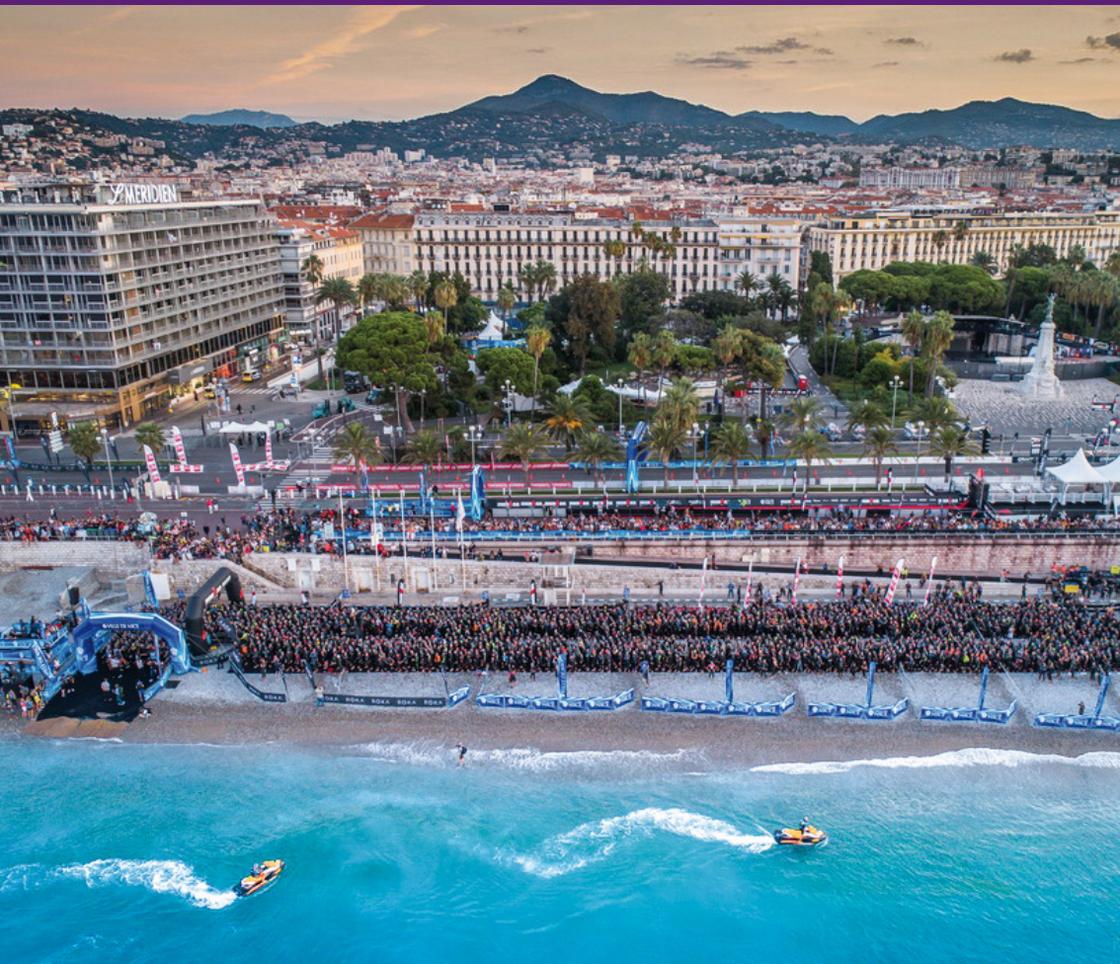
- Boat trip tour of Villefranche-sur-Mer harbour between 4 and 7 September and 15 September.
- Tour of the competition site between 8 and 14 September.
- Lunch at the official village with the organisation and the event's athletes.
- Official AIDA World Championships 2019 T-Shirt.
- A diploma signed by a champion and awarded to you on the championships podium.
- Souvenir photo.

**Tel.: +33 (0)6 18 90 04 58**

Contact: [yoanngambet@aida-wc2019.com](mailto:yoanngambet@aida-wc2019.com)

# September 2019

WORLD IRONMAN 70.3 CHAMPIONSHIPS ► 7 SEPTEMBER



# September 2019

## CÔTE D'AZUR FRANCE, LAND OF TRIATHLONS

### NICE IRONMAN 70.3

Get ready for the Nice Ironman 70.3. We run training, recce, trail and coaching camps to help you get to grips with all the race's aspects. We will also be on hand to assist and support you on the big day.

**Stay length: 3 days/2 nights.**

**Stay availability: throughout the year.**

**Starting at €150 per person.**

**The price of this stay includes:**

**Highlights for competitors:**

- A custom-designed camp.
- Full recce of the route.
- Race strategy.
- Tailored physical training.
- Optimal assistance and logistics.
- Professional coaching and support.
- Optimal comfort.
- Peace of mind.
- Full assistance on the big day.

**Highlights for families:**

- Full assistance for competitors' guests.
- Sight-seeing.
- A range of different activities.
- Premium accommodation.
- Turnkey stay.
- Full assistance on the big day.

**The perfect choice for combining training and a holiday with the family.**

### CAIRN Expe

Tel.: +33 (0)6 70 65 25 88

Email: [contact@cairn-expe.com](mailto:contact@cairn-expe.com) - Contact: Cyril Lopez

Website: [www.cairn-expe.com](http://www.cairn-expe.com)



# September 2019

CANNES ROYAL REGATTAS ► 22 TO 29 SEPTEMBER



# September 2019

## CÔTE D'AZUR FRANCE, LAND OF SAILING

### CANNES ROYAL REGATTAS

**Set sail on a spectacular traditional yacht and take part in the Cannes Royal Regattas.**

Every year in the last week of September, the Cannes Royal Regattas see 150 of the world's most beautiful old rigs flock to the city.

These ancient sail boats cruise their way into the gorgeous Cannes bay, forming a jaw-droppingly beautiful spectacle for the visitors who come here from around the world.

**Length of stay: one day.**

**Stay availability: 22 to 29 September.**

**Starting at €420 per person per day.**



#### **The day includes:**

- Sail boat booking (three people minimum).
- On-board welcome from the captain and crew.
- Overview of the regatta, safety and security instructions, crash course in manning the sails in the bay before the regatta.
- Set off for the regatta.
- Luxury picnic and drinks served on board.
- Glass of champagne at the end of the regatta.
- Sea and port permits, insurance and sailing licence.
- Hi Events assistance.

### HI EVENTS

#### **Hospitality & Incentive Events**

**Tel.: +33 (0)4 93 21 95 01**

**Email: [info@hieventsgroup.com](mailto:info@hieventsgroup.com)**

**Website: [www.hieventsgroup.com](http://www.hieventsgroup.com)**

**The Cannes Royal Regattas programme is available at: [www.regatesroyales.com](http://www.regatesroyales.com)**

# September 2019

TERRE BLANCHE CLASSIC AMATEUR ▶ 27 TO 29 SEPTEMBER



# September 2019

## CÔTE D'AZUR FRANCE, LAND OF GOLFING

### TERRE BLANCHE CLASSIC AMATEUR

Stay in Terre Blanche for the Terre Blanche Classic Amateur.

#### PROGRAMME:

##### 27 September 2019

- Participants' welcome reception at the Club House.
- 1 recce trail (Château or Riou, booking required).
- Free evening.
- Night in a suite at the hotel.

##### 28 September 2019

- Breakfast.
- Departure for the first tour of the Le Riou course.
- Free lunch.
- Barbecue dinner on the main patio.
- Night in a suite at the hotel.

##### 29 September 2019

- Breakfast.
- Departure for the second tour of the Le Château course.
- Two-course lunch at the Club House and prize-giving ceremony

#### €1,640 package for two golfers, including:

- Two nights in a Deluxe Suite.
- Breakfast.
- Competition.
- Dinner on Saturday evening.
- Lunch on Sunday.
- Access to the Terre Blanche Spa and Albatros Golf Performance Center.

### GOLF & SPA STAY

Available throughout the year for all golfing events at Terre Blanche.

Accessible for all golfers (with a handicap below 35).

**Length of stay: per night, per suite.**

**Stay availability: throughout the year.**

**From €560 per person (tourism tax not included).**

**The price of this stay includes:**

- Double occupancy in a luxury villa or suite with private terrace and lounge.
- Buffet breakfast for two at the Le Gaudina restaurant or continental breakfast served in your suite or villa.
- A 60-minute massage.
- Green fee with golf cart equipped with GPS and a bottle of water, tees, golf bag transported by the cart master service throughout your stay.
- Access to the Albatros Golf Performance Center with unlimited practice balls, access to training areas (putting and chipping greens).
- Unlimited access to the Terre Blanche Spa: pool, sauna, hammam, spa baths, gym (treatments available for an extra fee).
- Free Wi-Fi.
- Free access to the Royaume des Enfants club for kids aged 2 to 12 (open Saturday 30 March to Sunday 10 November 2019).

**Terre Blanche 5-star Hotel Spa Golf Resort**

**Tel.: +33 (0)4 94 39 90 00 • +33 (0)4 94 39 37 40**

Email: [smonier@terre-blanche.com](mailto:smonier@terre-blanche.com) - Contact: Sarah Monier

**Website: [www.terre-blanche.com](http://www.terre-blanche.com)**

# October 2019

ROC D'AZUR IN FRÉJUS ► 9 TO 13 OCTOBER



# October 2019

## CÔTE D'AZUR FRANCE, LAND OF MOUNTAIN-BIKING

### ROC D'AZUR 2019 PACKAGE

La Toupie Bleue is based in Fréjus and is more than happy to help organise your trip to the ROC D'AZUR 2019.

Come and experience the mountain-biking scene's biggest event to the max.

**Length of stay: 3 days/2 nights.**  
**Stay availability: 9 to 13 October.**

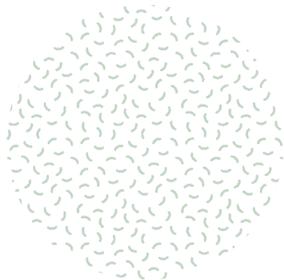
**Starting at €195 per person**  
**(based on a group of five).**

**Starting at €265 per person**  
**(based on a group of three).**

**Maximum: 24 people.**

**The price of this stay includes:**

- Sports snack for the race.
- Our insider tips to help you get the most out of the race, ensuring you stay focussed on your performance.
- Two nights in a two-room (three guests) or three-room (five guests) apartment.
- A return transfer during your stay (athlete + bike).



Each participant has their own goals and race in mind, but all share the same passion for mountain-biking and sport. Our team of driven professionals are on hand to put together a package full of all the services you expect and need.

NB: If you would like to create your own tailored package, we'd be delighted to draw up a personalised quote based on your needs and budget).

### La Toupie Bleue

**Tel.: +33 (0)4 89 25 77 42**

Email: [bienvenue@latoupiebleue.com](mailto:bienvenue@latoupiebleue.com)

Contact: Rémi Collat

**Website: [www.latoupiebleue.com](http://www.latoupiebleue.com)**



**ÖTILLÖ SWIMRUN CANNES ▶ 19 AND 20 OCTOBER**  
**SWIMRUN CÔTE D'AZUR BEAULIEU ▶ 27 OCTOBER**



# October 2019

## CÔTE D'AZUR FRANCE, LAND OF SWIMRUN

### SWIMRUN CÔTE D'AZUR

A turnkey stay to take part in or prepare for the SwimRun Cannes or Beaulieu races.

Recce and training stays are also available to help you gear up for your race, but this holiday is also an opportunity to relax and enjoy the Côte d'Azur with family or friends.



**Length of stay:** 3 days/2 nights or 2 days/1 night.

**Availability of stay:** throughout the year.

**Starting at €105 per person.**

**The price of this stay includes:**

**Highlights for competitors:**

- A custom-designed camp.
- Full recce of the route.
- Race strategy.
- Tailored physical training.
- Optimal assistance and logistics.
- Professional coaching and support.
- Optimal comfort.
- Peace of mind.
- Full assistance on the big day.

**Highlights for families:**

- Full assistance for competitors' guests.
- Sight-seeing around the Alpes-Maritimes.
- A range of different activities.
- Premium accommodation.
- Turnkey stay.
- Full assistance on the big day.

**The perfect choice for combining training and a holiday with the family.**

**CAIRN Expe**

**Tel.: +33 (0)6 70 65 25 88**

Email: [contact@cairn-expe.com](mailto:contact@cairn-expe.com)

Contact: Cyril Lopez

**Website: [www.cairn-expe.com](http://www.cairn-expe.com)**

# November 2019

MARATHON DES ALPES-MARITIMES ► 3 NOVEMBER



# November 2019

## CÔTE D'AZUR FRANCE, LAND OF RUNNING

### MARATHON PACKAGE

Come and enjoy our Marathon package a stone's throw away from the finishing line.

**Length of stay: no minimum or maximum.**

**Availability of stay: over the weekend of the Marathon on 3 November 2019.**

**Standard room, price per night for one guest €159/two guests €174.**

**Superior room, price per night for one guest €169/two guests €184.**

**Deluxe room with balcony, price per night for one guest €179/two guests €194.**

**Special marathon dinner on Saturday evening for €22 per person.**

**The price of this stay includes:**

- Room and breakfast (breakfast on Sunday 3 November from 4am).
- Sunday shuttle from the hotel to the starting line.
- Leg massage after the race.
- Late check-out on Sunday at 5pm.
- No-fee cancellation until 26/10/2019, after which one night will be billed.

### 4-star Croisette Beach Cannes hotel

**Tel.: +33 (0)4 92 18 88 00**

Email: hl284@accor.com

**Website: [www.croisettebeach.com](http://www.croisettebeach.com)**

For details and race registration:  
**[www.marathon06.com](http://www.marathon06.com)**

### RECOVERY PACKAGE 2019

**Thalazur 2019 recovery package valid for all sports events on the Côte d'Azur.**

**For recovery:**

- Thalaxion: jets of water alternating between hot and cold to help drain toxins.
- Water jets and massage with a fine sea water shower, massages to relieve all muscle tension.
- Pressure and cold therapy: two treatments to boost blood circulation and relieve heavy legs.
- Injury prevention and joint ache treatments.

**Marine discovery offer from €139 per person including:**

- A night in a double room, breakfast included.
- Two private spa therapy treatments.
- One group treatment.
- Access to the sea water treatment space.

### 4-star Baie des Anges Thalazur & Spa hotel

**Tel.: +33 (0)4 92 91 82 04**

Email: mjvarin@thalazur.fr

Contact: Marie-Jo Varin

**Website: [www.thalazur.fr](http://www.thalazur.fr)**

For details and race registration: **[www.marathon06.com](http://www.marathon06.com)**

# 'Athlete-friendly'

## ANTIBES - JUAN-LES-PINS

4-star Baie des Anges -  
Thalazur Antibes hotel  
mjvarin@thalazur.fr  
[www.thalazur.fr](http://www.thalazur.fr)

5-star Juana hotel  
reception@hotel-juana.com  
Contact: François Gelly  
[www.hotel-juana.com](http://www.hotel-juana.com)

## BIOT

4-star Beachcomber French Riviera  
s.mezemmeroune  
@hotel-resort-frenchriviera.com  
[www.hotel-resort-frenchriviera.com/sports-loisirs](http://www.hotel-resort-frenchriviera.com/sports-loisirs)

## CANNES

4-star Ruc Cannes hotel  
ruc.hotel@orange.fr  
[www.ruc-hotel.com](http://www.ruc-hotel.com)

5-star Five Seas Cannes hotel  
sales@fiveseashotel.com  
[www.fiveseashotel.com](http://www.fiveseashotel.com)

5-star Grand Hyatt  
Cannes Martinez hotel  
georges.cabrit@hyatt.com  
[www.cannesmartinez.grand.hyatt.com](http://www.cannesmartinez.grand.hyatt.com)

5-star Radisson Blu 1835  
Hotel & Spa  
reservation.cannes@radissonblu.com  
[www.radissonblu.com](http://www.radissonblu.com)

4-star Amarante hotel  
cpuig@jjwhotels.com  
[www.jjwhotels.com](http://www.jjwhotels.com)

4-star Novotel Cannes Montfleury  
h0806-re@accor.com  
[www.novotel.com](http://www.novotel.com)

2-star Le Florian hotel  
contact@hotel-leflorian.com  
[www.hotel-leflorian.com](http://www.hotel-leflorian.com)

2-star Ibis Budget Cannes City Centre  
h5493@accor.com  
[www.accor.com](http://www.accor.com)

## CARROS

3-star Promotel  
contact@hotel-promotel.com  
[www.promotel.com](http://www.promotel.com)

4-star Lou Castelet  
contact@loucastelet.com  
[www.loucastelet.com](http://www.loucastelet.com)

## GILETTE

Domaine de l'Oliveira  
3-star holiday village  
elbadawi.nabil@vacances-ulvf.fr  
[www.vacances-ulvf.com](http://www.vacances-ulvf.com)

## LA COLLE-SUR-LOUP

3-star Belambra Club  
nicolas.thuillier@belambra.fr  
[www.belambra.fr](http://www.belambra.fr)

## MANDELIEU - LA NAPOULE

3-star Ibis Cannes Mandelieu  
h6518.accor.com  
[www.accorhotels.com](http://www.accorhotels.com)

4-star Mercure Cannes Mandelieu  
h1190-GM@accor.com  
[www.accorhotels.com](http://www.accorhotels.com)

Pierre et Vacances  
Premium 3-star tourism residence  
Les Rives de Cannes Mandelieu  
site.mandelieu@groupepvc.com  
[www.pierreetvacances.com](http://www.pierreetvacances.com)

4-star Pullman Cannes Mandelieu  
Royal Casino  
h1168@accor.com  
[www.accor.com](http://www.accor.com)

3-star Comfort Suites  
Cannes Mandelieu  
contact@comfortsuities-  
cannesmandelieu.com  
[www.comfortsuities-  
cannesmandelieu.com](http://www.comfortsuities-<br/>cannesmandelieu.com)

## MENTON

3-star quality hotel Menton  
hôtel Méditerranée  
info@hotel-med-menton.com  
[www.hotel-med-menton.com](http://www.hotel-med-menton.com)

3-star Ibis Styles Menton  
h7009@accor.com  
[www.accorhotels.com](http://www.accorhotels.com)

## NICE

4-star Holiday Inn Nice Centre  
direction@holinice.com  
[www.holidayinn.com](http://www.holidayinn.com)

3-star Campanile Nice Airport  
manager.nice.aeroport@campanile.fr  
[www.campanile.com](http://www.campanile.com)

4-star AC Marriott Hotel  
daniela.simone@marriott.com  
[www.marriott.com](http://www.marriott.com)

# charter hotels

4-star Ellington hotel  
sales@ellington-nice.com  
[www.ellington-nice.com](http://www.ellington-nice.com)

4-star Novotel Nice Centre  
h1103@accor.com  
[www.novotel.com](http://www.novotel.com)

3-star Ibis Nice Centre Station  
h1396@accor.com  
[www.ibishotels.com](http://www.ibishotels.com)

4-star NH Nice  
a.francois@nh-hotels.com  
[www.nh-hotels.com](http://www.nh-hotels.com)

4-star Mercure Nice Centre  
Notre-Dame  
h1291@accor.com  
[www.accorhotels.com](http://www.accorhotels.com)

1-star Villa Saint-Exupéry Beach  
youth hostel  
beach@villahotels.com  
[www.villahotels.com](http://www.villahotels.com)

4-star Servotel Saint-Vincent  
sales@servotel-nice.fr  
[www.servotel-nice.fr](http://www.servotel-nice.fr)

4-star Splendid Hotel and Spa  
info@splendid-nice.com  
[www.splendid-nice.com](http://www.splendid-nice.com)

1-star Première Classe hotel  
manager.nice@premiereclasse.fr  
[www.premiereclasse.fr](http://www.premiereclasse.fr)

3-star Grand Hotel Le Florence  
contact@hotel-florence-nice.com  
[www.hotel-florence-nice.com](http://www.hotel-florence-nice.com)

3-star Hotel Villa Rivoli  
direction@villa-rivoli.com  
[www.villa-rivoli.com](http://www.villa-rivoli.com)

4-star Park Inn by Radisson  
geraldine.riccio@parkinn.com  
[www.parkinn.com/airport-hotel-nice.com](http://www.parkinn.com/airport-hotel-nice.com)

Mercure hotel  
4-star Nice Centre Grimaldi  
h2186-GM@accor.com  
[www.mercure.com](http://www.mercure.com)

3-star Ibis Styles Nice  
Centre Station  
h9907-GM@accor.com  
[www.accor.com](http://www.accor.com)

3-star Hotel Busby  
contact@hotelbusby.com  
[www.busby-hotel.com](http://www.busby-hotel.com)

## OPIO

4-star Château de la Bégude  
info@chateau-begude.com  
[www.chateau-begude.com](http://www.chateau-begude.com)

## SAINT-ÉTIENNE-DE-TINÉE

3-star L'Écureuil hotel  
contact@lecoreuil.com  
[www.lecoreuil.com](http://www.lecoreuil.com)

2-star Edelweiss hotel  
accueil@edelweissauron.com  
[www.edelweissauron.com](http://www.edelweissauron.com)

3-star Le Blainon hotel  
leblainon@hotel-auron.fr  
[www.hotel-auron.fr](http://www.hotel-auron.fr)

2-star Le Rabuons Ternelia  
holiday village  
direction.rabuons@ternelia.com  
[rabuons-mercantour.com](http://rabuons-mercantour.com)

4-star Le Chalet d'Auron  
mail@chaletdauron.com  
[www.chaletdauron.com](http://www.chaletdauron.com)

Le Collet d'Auron  
guesthouse  
colletdauron@orange.fr  
[www.lecolletdauron.com](http://www.lecolletdauron.com)

## SAINT-LAURENT-DU-YAR

4-star Novotel Nice Airport  
Cap 3000  
h0414@accor.com  
[www.novotel.com](http://www.novotel.com)

4-star Holiday Inn Nice  
Port Saint-Laurent  
ophelie.deycard@holinice.com  
[www.holidayinn.com](http://www.holidayinn.com)

## SAINT-PAUL-DE-VENCE

4-star La Vague de Saint-Paul  
assistant@vaguesaintpaul.com  
[www.vaguesaintpaul.com](http://www.vaguesaintpaul.com)

## VENCE

4-star Hotel Spa & Restaurant  
Cantemerle  
info@hotelcantemerle.com  
[www.hotelcantemerle.com](http://www.hotelcantemerle.com)

*The 51 establishments that have signed this charter implemented and overseen by the Conseil Départemental des Alpes-Maritimes are committed to providing guests with facilities and services geared towards high-level athletes and sports-oriented visitors.*  
**nattia@departement06.fr**

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